

Case Management Services Ltd

### **Elizabeth E Newbigging BSc OT**

Liz qualified as an occupational therapist from the Glasgow School of Occupational Therapy in 1982. She has 12 years experience of working in hospital in the areas of orthopaedics, medical, care of the elderly and young disabled. Since 1994, Liz has worked in the field of brain injury as a senior clinician. Liz returned to Glasgow Caledonian University part time to upgrade her original Diploma in Occupational Therapy to a BScOT in 2004, and in so doing, achieved Honours passes in the modules for ergonomics and counselling. As part of her ongoing clinical development, Liz further achieved her AMPS qualification in 2006 and a Masters module in Occupational Rehabilitation in 2007.

Liz's 14 years experience within the field of brain injury includes assessment of adults with brain injury and a range of neurological conditions. This was achieved initially at Scotcare Brain Injury Unit, now known as the Central Scotland Brain Injury Rehabilitation Unit for two years. This was followed by four years of providing community-based rehabilitation to adults within a pre-vocational programme with Rehab Scotland (now known as Momentum). From 2000 to the present time, Liz has worked as a senior clinician with CRABIS, a community based service provided within NHS Lothian providing assessment and rehabilitation to adults with a range of neurological conditions such as acquired and traumatic brain injury, stroke, anoxia, multiple sclerosis and motor neurone disease. Rehabilitation interventions have included individual and group therapies in the areas of memory, cognitive, social and lifestyle skills. Integral to Occupational Therapy is the assessment of occupational performance and delivering client-centred interventions to improve function and participation using alternative methods or assistive equipment. Liz is heavily involved in pre-employment rehabilitation and job retention with her clients having developed the vocational rehabilitation service within CRABIS and has worked with a range of employers discussing return to work programmes and phased returns.

Liz has been employed as a part-time occupational therapist with Case Management Services Ltd since July 2007 providing clinical supervision to associates preparing needs and equipment reports. She also acts in a consultative capacity to case managers about employment, clinical and rehabilitation matters. Prior to this Liz also prepared medico-legal reports for brain injured clients as an associate with Case Management Services Ltd. for some six years.

Since February 2010 to the present Liz returned part time (evening and weekend) to the hospital setting for further experience within a service provided by occupational therapists, providing rapid assessment based in accident and emergency department and the observation ward. The purpose of this service is to prevent unnecessary admissions, prevent failed discharges, reduce length of hospital stay and facilitating discharge home for elderly and palliative patients often with complex medical conditions and social situations.

Since April 2011 to present part time working as OT in Reablement team, South Lanarkshire Council. Her role is to facilitate service user's independence, community reintegration, improve

health and prevent hospital admission or readmission. Her caseload is primarily older people.