

Case Management Services Ltd

Kirsten Galloway, BScOT

Kirsten qualified as an Occupational Therapist from Queen Margaret University (then College) in 1992. She then worked in a variety of settings predominantly with brain injured clients.

Kirsten commenced work at Scotcare Brain Injury Rehabilitation Unit (now Central Scotland Brain Injury Unit) in 1992 initially as a basic grade OT and latterly as a senior practitioner. For seven years she worked within a multidisciplinary team carrying out assessments and implementing intensive rehabilitation programmes for adults with an acquired brain injury. The main areas targeted were basic self care skills, daily living skills and memory and cognitive deficits. Kirsten assessed for any physical adaptations required and implemented appropriate compensatory cognitive strategies to allow clients to be as independent as possible within their daily living tasks.

As well as inpatient assessments, Kirsten carried out home visits, employment visits, and was involved in discharge planning. Part of her role was as a Keyworker which involved coordinating assessment, progress and discharge meetings and reports, liaising with the multidisciplinary team and the client's family and also making appropriate referrals to outside agencies and providing all necessary information to ensure a coordinated discharge.

Kirsten then commenced work as a senior Occupational Therapist at Rathbone Brain Injury Rehabilitation Centre, Liverpool. This unit was for adults with acquired brain injury, predominantly cognitive and behavioural deficits. Kirsten was responsible for both inpatients and a large community caseload. The work included detailed assessments, devising rehabilitation programmes for nursing staff to implement, setting up a rehabilitation assistant post and being involved in staff training, rehabilitation of clients particularly focussing on strategies for cognitive and behavioural deficits both within the rehabilitation unit and in clients' own homes, vocational work and liaising with employers and supervising occupational therapy staff and students. Kirsten worked within a multidisciplinary team and was a keyworker/care coordinator for many of her caseload. This role involved liaison both with the inpatient staff and with external agencies within the community, and was responsible for referral to any specialist agencies as appropriate.

During this time Kirsten worked with the psychologist and speech therapist to establish a "community re-entry programme" for a small number of community based clients. This involved a coordinated programme of groups and individual sessions targeting teaching memory and problem solving techniques, attentional training, social skills training and anger management programmes and relaxation techniques. Outwith this programme, Kirsten was also responsible for implementing individual therapy groups. She also gave some lectures and tutorials at Liverpool University as part of the Occupational Therapy Course.

Kirsten began working for Case Management Services in the mid-1990s as an associate. She prepares a variety of medico-legal reports: Immediate Needs Reports, Future and Past Care Reports, and Case Management reports. Kirsten has prepared many independent reports over the past 13 years for both pursuers and defendants and has had experience of giving evidence in court on a few occasions. Kirsten has also had recent case management experience.

Kirsten maintains her professional registration and Continuous Professional Development in line with the guidelines given by the HPC. She attends relevant training days and reads up-to-date literature and research where possible.