

Case Management Services Ltd

Fiona Wilson, MBA, BSc (Hons) HPC registered, BAOT registered

Fiona qualified as an Occupational Therapist from Queen Margaret College in 1998. Since then she has worked as an Occupational Therapist, gaining experience in orthopaedics, cardiac, vascular and general surgery, acute medicine including gastroenterology/ liver, stroke, medicine of the elderly and gynaecology.

Fiona is a professional member of the British Association of Occupational Therapists (BAOT) and Health Professions Council (HPC).

Fiona has worked as a Senior Occupational Therapist since 1999 in a large acute teaching hospital and now specialises in cardiology and respiratory medicine. Fiona is clinically and operationally responsible for the occupational therapy service provision to this area and manages a mixed team of skills. Fiona has specialist skills in assessing and providing intervention for patient's diagnosed with cardiac and respiratory disease which are needs led. The assessment examines pre-morbid function and future needs assessment based on the individual's current level of function. Fiona has set up a breathlessness management programme for patients involving re-training, pacing and compensation techniques to cope with breathlessness. Fiona has to assess and provide ongoing treatment for return to work and vocational rehabilitation cases as part of her caseload.

Fiona also has regular experience working with the Combined Assessment Unit, managing admissions and discharges through functional assessment. This unit is an area for all medical admissions including orthopaedics which requires Fiona to have up to date clinical skills and knowledge in all medical conditions so that a comprehensive assessment can take place. Fiona has set up and developed an occupational therapy service in obstetrics and gynaecology assessing and providing treatment to patients post surgery.

Fiona carries out regular teaching to undergraduate and post-graduate students as well as other health care professionals. Fiona has presented at national conferences and carers groups. Fiona has led a joint project between the Department of Health and Social Care and the Acute Trust which has led to the integration of the single shared assessment into the acute hospital setting. This has allowed occupational therapists to directly access homecare for patients rather than going through the traditional method of being allocated a social worker, and has enabled Fiona to develop her case management skills.

Fiona completed an MBA in Healthcare Management from Queen Margaret University College in 2005 which has allowed her to consolidate her highly advanced clinical skills and develop her service. Fiona has an interest in work rehabilitation and has attended a post-graduate level course on the Occupational Therapist and Job Analysis. Fiona has integrated this when appropriate into her work for Case Management Services Ltd.

Fiona has been working with Case Management Services since November 2007 and has prepared a number of past care and future needs reports. Fiona is a well organised individual who can work under pressure and to time constraints.