

Case Management Services Ltd

Caroline Reith, BSc Occupational Therapy

Caroline graduated from Queen Margaret College, Edinburgh as an Occupational Therapist in 1991, and has been employed in Occupational Therapy in the NHS since 1992. Initially she worked in acute adult in-patient medical, orthopaedic and surgical services providing assessment, therapy, and rehabilitation working alongside other professionals supporting patients' discharge from hospital. In 1993 Caroline achieved her goal of working in the field of Paediatrics, within a community child health setting. She has continued to specialise in this field to the current day.

Caroline's experience within Community Child Health has been extensive, providing assessment and therapy to children aged 0-18 years. The children present with a range of difficulties from mild co-ordination difficulties to children with severe and complex needs. Although Caroline works with children with a wide range of conditions, she has developed her skills in the assessment and intervention of traumatic/acquired brain injury, (resulting in cerebral palsy and neurological dysfunction, developmental co-ordination disorder, difficulties with co-ordination, organisation, attention and behaviour), attention deficit disorder, and autistic spectrum disorders.

Occupational therapy intervention can be varied, but focuses on increasing a child's independence, facilitating function and participation in daily activities. Intervention may involve providing therapy direct to the child, as well as providing advice to parents and carers facilitating them to carry out activity programmes, developing and teaching strategies. It can also involve the assessment and recommendation of aids and equipment ranging from both small and large adapted equipment.

Since 1996 Caroline has worked as a Senior I Occupational Therapist working with NHS Fife, with managerial responsibility for the delivery of the community child health Occupational Therapy service for her locality in Kirkcaldy. Caroline has worked in a number of child assessment units within Fife as the lead occupational therapy practitioner within their multi-disciplinary teams. She also led the establishment of a specialist hand therapy service within Fife and continues to be the lead practitioner within the child health OT service. This service provides assessment and treatment to children experiencing specific difficulties with their hands, as a result of arthritis, neurological conditions, congenital absence of limbs, and amputation due to illness or trauma.

Caroline actively engages in her continuing professional development undertaking regular training to maintain and update her skills and providing specific training to colleagues and other professionals.

In 2001 Caroline joined Case Management Services (CMS) Ltd as an associate, preparing medical legal reports for children, addressing past, immediate, present, and future care needs as well as case management and equipment reports.

In March 2007 Caroline extended her range of work with CMS by taking the role of Case Manager. Her role consists of coordinating the clients' rehabilitation package, recruiting/training and supervising staff, working with the client and family to set realistic goals, reviewing these goals and evaluating progress and interventions and liaising with other professionals.

Caroline has had significant involvement with Solicitors and Advocates preparing cases for court in her role as a potential Expert Witness.

Caroline is registered with the Health Professional Council and is a member of the British Association of Occupational Therapists.