

Case Management Services Ltd

**Ann Mattar**

Ann Mattar, Dip COT, SROT qualified as an Occupational Therapist in 1986 at Queen Margaret College in Edinburgh. She is a member of the British Association of Occupational Therapist and National Association of Neurological Occupational therapist. As a newly qualified therapist, Ann spent her first two years in a rotational post in Dundee, gaining experience in orthopaedics, hand injuries, general medicine, neurosciences, geriatric psychiatry and learning difficulties.

In 1988, Ann moved to Edinburgh to take up a senior post in learning difficulties based in hospital/special school settings. She carried out individual assessments and set up community living programmes for resettlement of clients moving into community group homes.

From 1993 to 1999 Ann returned to Dundee to take up a senior post in Neurosciences where she gained extensive experience in the assessment and rehabilitation of patients with brain injury, spinal injury, stroke and other neurological disorders such as multiple sclerosis and Parkinson's Disease. During this time she presented posters at the Neurological Rehabilitation Conference in Newcastle. To develop her skills further, she completed an introductory management course.

In 1999, she joined the Renfrewshire and Inverclyde Primary Care Trust as the Head Occupational Therapist in an acute hospital with a wide range of specialities including medical, surgical (including amputees), orthopaedic, and rheumatology. During this time she increased the levels of occupational therapy staffing, including setting up an early supported discharge scheme with an occupational therapy-led team. Her main clinical caseload was working within a community brain injury team.

From 1995 to 2001, Ann worked as a clinical associate part-time with Case Management Services, Edinburgh carrying out medico-legal reports for clients with head injury, spinal injury, orthopaedic and multiple trauma and stroke.

In January 2002, Ann moved to Dubai, United Arab Emirates, to set up a neuro rehabilitation service for a private neuro-spinal Hospital. This included designing a purpose-built department, assisting with the recruitment of staff from international countries for occupational therapy, physiotherapy and speech and language therapy and setting up policies/procedures for the rehabilitation department. She was responsible for running a department of nine staff and providing a service to patients with brain injury, stroke, spinal injury and back patients pre and post surgery. This was a particularly demanding role often taking a holistic approach towards rehabilitation within a diversity of a multi cultural society.

In 2006 Ann returned to the UK, where she rejoined Case management Services. She has continued to provide comprehensive medico legal reports with clients with brain injury, spinal injury, amputees and orthopaedic injury.